

**Term 2 Team Gym and Adults Class Timetable 2024**

<b>Class</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Team Gym</b> Performance gymnastics for anyone aged 6 +			<b>6 - 7:30pm</b>			
<b>Fitter for Life</b> A movement and fitness program designed for over 55"s.		<b>10:30 - 11:30am</b>				
<b>Adult Gymnastics</b> A skills and fitness focused class for any skill level	<b>6 - 7:30pm</b>					